Research Article

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Experimental Study on the Mechanical Properties of Hybrid Areca and Abaca Fiber-reinforced Polymer Composites

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ABSTRACT

Renewable-source composites have become important substitute materials for industrial and technical applications in design and production. Natural fiber (NF) composites have emerged as premium materials relative to standard fiber composites, owing to their direct production process, improved fiber content, reduced polluting base content, lightweight qualities and incineration capabilities. The growing concern for environmental cleanliness necessitates the search for maintainable alternative materials to substitute conventional ones already in use. Natural fibers function as a viable alternative reinforcement material owing to their wide availability in fibrous form and minimal extraction expenses. This study involves the preparation of eco-friendly green composites using Areca fiber (ARF) and Abaca fiber (ABF) with epoxy and the assessment of their mechanical behaviours. The incorporation of nano-SiO_2 as a filler in hybrid fiber composites plays a crucial role in enhancing mechanical properties by reinforcing the matrix and improving the fiber-matrix bonding. The findings demonstrated that the flexural, tensile and impact characteristics of the hybrid composites were significantly improved at 76% ABF, 20% ARF and 4% nano-SiO_2 and that hybridization mitigated environmental impacts. The inner composition of the broken surface, failure morphology and fiber delamination are examined by SEM examination.

Keywords: Mechanical behaviors; Green composites; Nano-SiO_2; Areca fiber; Abaca fiber.

1. INTRODUCTION

Synthetic fibers originating from petrochemicals are non-biodegradable, emit detrimental microplastics and possess a substantial energy footprint, resulting in prolonged environmental impact. Conversely, natural fibers are biodegradable, renewable and require less energy. They may adversely affect water consumption and soil health if not cultivated sustainably. Synthetic fibers last in the environment, while natural fibers undergo natural decomposition. Microplastic contamination is a significant concern associated with synthetic materials, whereas natural fibers circumvent this issue. Naik *et al*. (2021) stated that natural fibers are more eco-friendly and are currently gaining the interest of academic and industrial researchers owing to their accessibility, ecological sustainability and biodegradability. Natural fibers sourced from plants, including jute, areca, banana, flax, hemp, coir, kenaf and others, have undergone substantial research in the past two decades and are increasingly favored over synthetic fiber. Hagnell *et al*. (2020) examined that intricate structural design is common in composite materials because of the trade-off between lightweight performance and manufacturing costs. The importance of doing early structural design trade-off studies and material selection cannot be overstated. Additionally, this finding supports the use of novel fiber systems in relatively inexpensive applications requiring moderate stiffness. Verma *et al*. (2019) claimed that for the sustainable automotive sector to progress, it is crucial to utilize natural fibers or agricultural waste. The construction and automotive industries have found the most versatile material in natural fiber-reinforced composites. The lightweight nature of these materials improves the gas mileage and overall vehicle efficiency. Natural fiber composites are being used by many prominent automobile manufacturers to make a variety of parts for their vehicles. Ramesh *et al*. (2022) conducted a review on fibers extracted from plant parts, such as stems, leaves, bast and fruits, which are used in composites for applications like packaging, automotive

and aerospace industries. This review highlights the potential of leaf fibers, which are often discarded but have equivalent strength and better mechanical properties when used in green composites.

For structural applications, the hybrid fiber/bio-ceramic-reinforced polyester composites were used to improve the mechanical strength, fatigue resistance and creep behavior (Jesumanen *et al.* 2024). Karthik *et al*. (2022) study examined hybrid fiber-reinforced polymer composites incorporating carbon and kenaf fibers. The C/C/K/C/C stacking sequence demonstrated a tensile strength (TS) of 170 MPa, with carbon fibers displaying superior qualities; nevertheless, kenaf fibers were recognized for their reduced cost and environmental advantages. The work of Yashas *et al*. (2022) on the carbon/flax hybrid showed excellent result of mechanical capabilities, including tensile and flexural strength (FS) and displayed improved water absorption characteristics due to the arrangement of synthetic fibers with flax. A comparative study on the areca/carbon hybrid composites demonstrated improved mechanical and thermal properties, whereas the use of synthetic fibers augmented water absorption and adhesion, rendering them appropriate for semi-structural applications. The main objective of this endeavor is to create epoxy composites reinforced with hybrid areca, carbon and basalt fibers. Researchers looked at mechanical qualities including tensile and flexural strength and found that carbon-areca fiber composites performed better than other materials, particularly for structures that had to withstand medium loads.

Abaca fiber is noted for its mechanical strength and flexibility, rendering it appropriate for polymer composites utilized in automotive and industrial applications. Kurien *et al.* (2023) examined alkali and silane treatments to improve the characteristics of abaca-based composites for enhanced use across diverse sectors. Karasawa *et al*. (2022) investigated the comfort properties of knitted fabrics made from a two-ply yarn comprising a paper yarn and a cotton yarn. The results show that increasing the paper yarn proportion enhances air permeability and thermal conductivity, suggesting the potential for eco-friendly textiles, particularly for clothing worn close to the skin. Peterson *et al*. (2021) investigated *Manila-hemp* paper-yarn textile fabrics, which are sustainable alternative to cotton and petroleum-based fibers, emphasizing its little shrinkage and resistance to pilling. Nevertheless, issues such as inadequate handleability, excessive stiffness and difficult grip must be addressed for broader uses in the textile sector. Ben *et al*. (2021) used an epoxy bio-composite blender utilizing areca fiber, nano-silica and neem oil. This composite is appropriate for medical components and food storage containers because of its antibacterial and thermo-mechanical properties. Thangaraj *et al*. (2022) observed that the amalgamation of 2.5 wt% and 7.5 wt% nano-Al_2O_3 and areca nutshell powder attained optimal tensile, yield and compressive strengths, positioning the composite as a viable commercial alternative to wood-based materials.

The fatigue damage is observed in basalt fiber non-crimp fabrication composites, identifying fiber breakage from tensile stress interactions between transverse and longitudinal fiber bundles as the primary material of stiffness deterioration (Mortensen et al. (2022). Nazarov *et al*. (2023) investigated composite materials made from non-woven fabric impregnated with latex SKN-40, demonstrated that tensile strength increases in the transverse direction and at higher degrees of impregnation. Ramezani-Dana *et al*. (2021) studied abaca fiber-reinforced polyamide composites, demonstrating their enhancements in permeability and mechanical properties attributed to the inclusion of a less robust tex spacer, which leads to elevated TS and modulus. Constâncio *et al*. (2023) conducted an experimental study on auxetic fabrics in geopolymer composites, which highlights their potential for impact applications due to their energy dissipation properties, enhanced by a helical auxetic yarn structure that increases mechanical strength and thermal stability. The results indicated that non-crimp carbon textiles provide remarkable stiffness, rendering them appropriate for spar caps in wind blade manufacturing.

The mechanical characteristics of PET needle-punched nonwoven fabric elaborate on the fact that the transverse and longitudinal directions exhibit the strongest increases in tensile strength as the degree of water vapor sorption increases (Leshchenko *et al.* 2023). Bhowmik *et al.* (2022) studied the mechanical characteristics of weaved carbon fiber epoxy composites with varying stacking orientations. The study found that tensile and flexural properties were highest for [(0/0/0/0) and 0/+90/-90/0] configurations, while impact resistance was superior in 0/+45/-45/0 stacking. The presence of MWCNTs reduced fiber and matrix damage as well as improved flexural strength in laminated composites, with a sensitivity analysis validating the simulation results. Custodio *et al.* (2020) analyzed the chemical treatment of abaca fibers to remove non-cellulosic components. The raw fibers exhibited high TS and stiffness, but these properties significantly decreased after alkali treatment, as cellulose and hemicellulose content altered the mechanical behavior of the fiber. Vivek *et al.* (2022) in their work used a hybrid form of self-compacting concrete that incorporates abaca, polypropylene and natural fibers to prepare the composites. Microstructural analysis confirmed decreased voids and increased hydration components and the mixture with 1% and 0.25 % abaca fiber demonstrated better flexural and tensile strength. Shakir *et al.* (2024) study focused on composites made of high-density polyethylene and abaca fiber. The abaca/PP composites, which made use of

chemically treated fibers, were ideal for usage in automobiles due to their enhanced mechanical and thermal characteristics.

Sai *et al.* (2023) observed the blending of nylon and areca fibers with vinyl ester composites, with NaOH treatment, enhances fiber-matrix bonding. The mechanical properties peaked at 10-15 wt% fiber content, but defects like fiber agglomeration reduced performance at higher fiber fractions. Kumar *et al.* (2024) integrated biochar and areca fiber-reinforced polymer composite rebar for construction demonstrating enhanced mechanical and thermal properties with minimal water absorption. Rebar composite 'C' displayed superior bending strength, while 'E' exhibited excellent hardness and hydrophobicity. Wen *et al.* (2022) showed that sodium alginate (SA) and xanthan gum (XG) coatings for areca nuts improved gloss, wettability and water resistance. The 50:50 SA-XG combination formed denser films with better mechanical properties, making it a promising edible coating. The hybrid fiber offering a balance of high strength, stiffness and toughness, leveraging abaca's superior tensile strength (980 MPa) and areca's impact resistance. Unlike synthetic fiber composites, they are lightweight, biodegradable and eco-friendly, while outperforming single natural fiber composites in mechanical properties due to the synergy of the hybrid reinforcement, such as enhanced fiber-matrix bonding and reduced voids.

This experimental study used the hand lay-up technique to produce environmentally sustainable green composites reinforced with areca and abaca fibers as reinforcement and nano-SiO_2 as filler. This results in two types of specimens that are manufactured with the fiber in both the longitudinal and transverse orientations. The mechanical behaviors, including tensile, flexural and impact strength (IS) were assessed. The findings demonstrated that the integration of ARFs with ABF with nano-SiO_2 filler substantially enhances strength and the composite fabrication technique mitigates environmental concerns. These eco-friendly hybrid of areca fiber and abaca fiber (ARF and ABF) with nano-SiO_2 filler green composites are recommended as alternative materials.

2. MATERIALS AND METHODS

2.1 Materials

This research employs ARF and ABF mats to fabricate the hybrid composite sample. The ARF with diameter ranging 100 to 300 µm is used. The areal weight of the unidirectional ABF mat is 400 gsm and the manufacturing method utilizes LY556, a commercial-grade epoxy resin. The catalyst and accelerator used in this research are cobalt naphthenate and methyl ethyl ketone peroxide. The ABF, ARF and nano-SiO_2 powder particles were procured from Go Green Enterprises, Chennai, Tamil Nadu, India. The physical behaviors of the materials utilized for production are specified in Table 1.

Table 1. Material characteristics

Physical Behaviors	Units	Areca Fiber	Abaca Fiber	Nano-SiO_2	Epoxy Resin
Density	g/cm^3	1.0	1.4	2.6	1.3
Tensile strength	MPa	200	980	40	85
Modulus of elasticity	GPa	5	41	75	4
Stiffness	kN/mm	2.5	12	High	2.5
WA		70	65	-	-
Apparent porosity	%	20	25	-	-

2.2 Preparation of Composite Samples

The composite samples were produced using the hand lay-up method (Fig. 1). It is among the most direct and efficient techniques for composite processing. Five distinct specimens were synthesized with varying ARF compositions of 0%, 10%, 20%, 30% and 40% and nano-SiO_2 by 0%, 2%, 4%, 6% and 8% by weight. The resin was combined with a certain amount of silica powder with a 1% catalyst and 1.5% accelerator to facilitate rapid setting and prompt blending, which also decreases the amount of heat produced by the exothermic reaction. To remove moisture, the woven mat fibers were dried in 80 °C heated air for a full day. The base of the mold was coated with a releasing agent to aid in the extraction of the specimen and the initial layer of the sample (fiber) was placed above the dried coated surface. Ten fiber layers were used to synthesize each composite, with the proportion of ARF and ABF layers. Prior to the composite samples being processed, the resin with filler was measured in equal volumes during the fabrication process and kept in a container. Upon completing the layering of the sample with ARF ABF, the resin was cured, followed by the compression of the samples in a press to eliminate extra air trapped between the layers, achieving optimal specimens. At the pressing operation, no resin runoff occurred. A woodruff file was used to carefully shape the edges of composite plates, which had dimensions of 30 × 30 cm and a thickness restriction of 4 ± 0.02 mm. The hybrid composites reinforced with ARF and ABF with filler were prepared at 30 °C with a mean relative humidity of 65%. The matching density and weight percentage were used to calculate the volume fractions of composites utilizing the rule of mixes.

2.3 Analyzing the Mechanical Properties

The mechanical behaviors are greatly influenced by the matrix, fiber and filler characteristics, fiber content and fiber orientation, which are the main parameters in this experiment. The composite specimens are manufactured in compliance with ASTM D790 for

the flexural test and ASTM D638 for the tensile test. The impact test sample is constructed in compliance with the ASTM D6110 standard. In each instance, multiple samples are evaluated and the mean values are employed. Tensile tests are performed using an F150 series UTM conforming to the specifications specified by ASTM standards, as previously noted. The elongation of gauge sector is documented during load application. The three-point static flexural test is conducted to determine the FS by utilizing the same UTM. The specimen's deflection is measured by applying force until fracture, utilizing the crosshead position. Fig. 2 shows the UTM and specimens used for different tests.

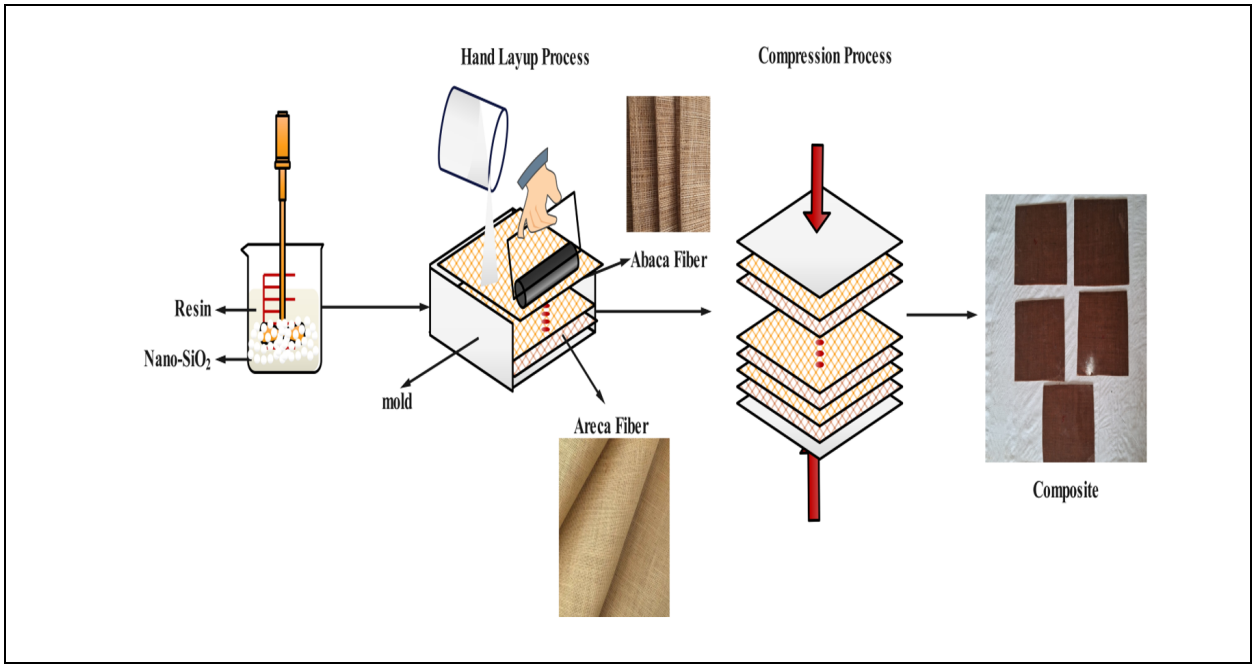
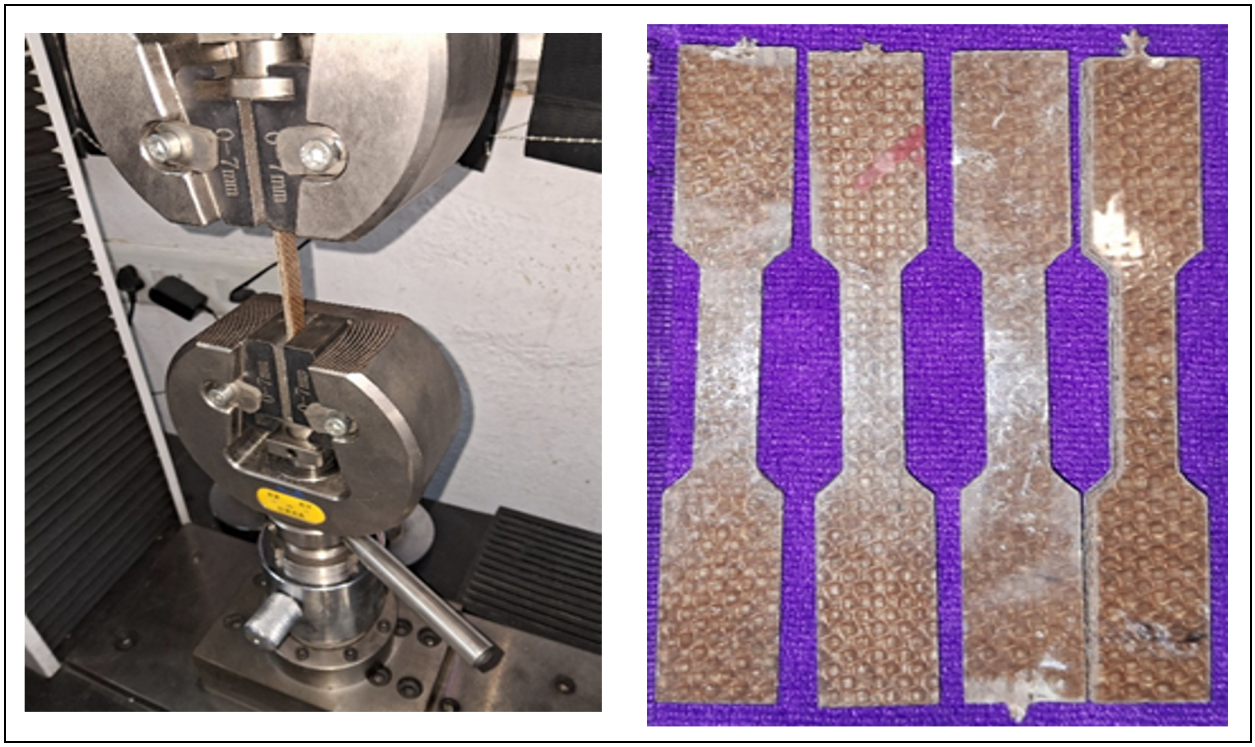


Fig. 1: Preparation of Composites



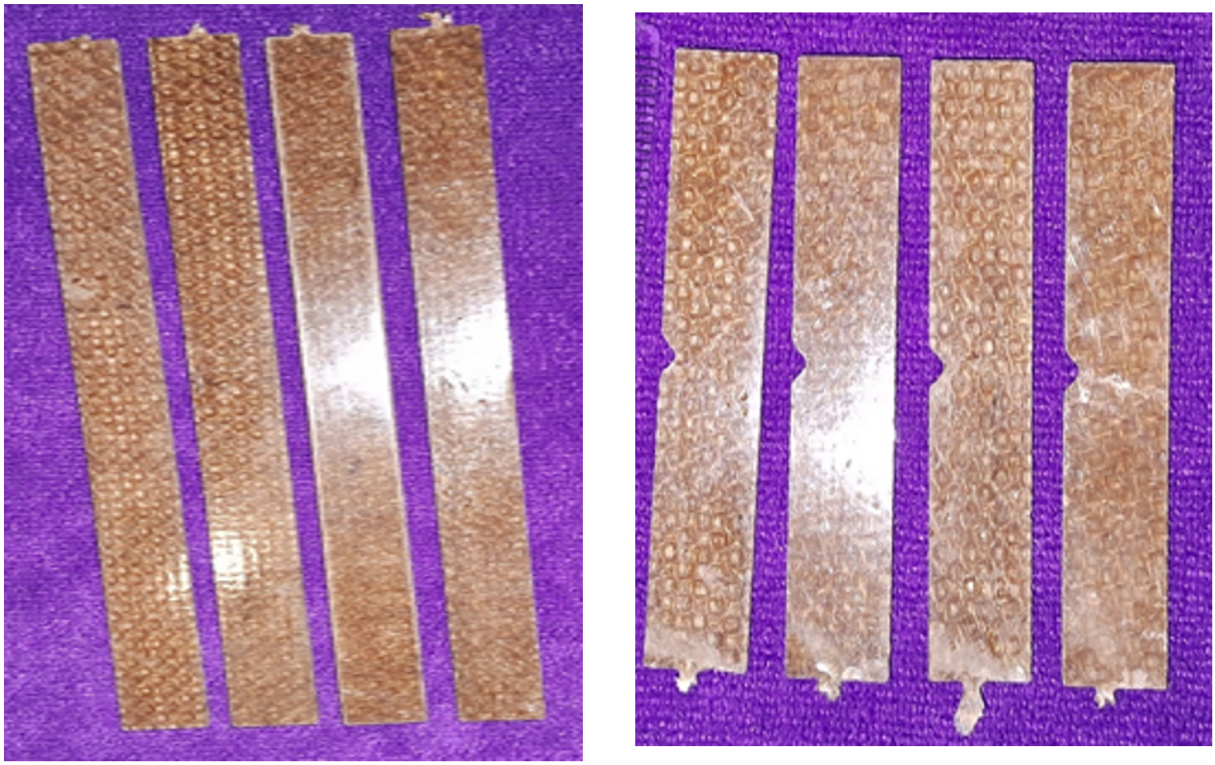


Fig. 2: (a) Universal testing machine and specimens of (b) Tensile strength (c) Flexural strength and (d) Impact strength

Table 2. Values of various composite specimens from experiments

Sample No.	Composition of materials			TS (MPa)		FS (MPa)		IS (Joules)	
	ABF	ARF	Nano-SiO_2	Longitudinal	Transverse	Longitudinal	Transverse	Longitudinal	Transverse
S1	100	0	0	188.21	185.42	295.35	278.72	24.57	21.33
S2	88	10	2	176.20	181.11	276.80	266.07	24.58	24.10
S3	76	20	4	179.73	193.77	220.79	241.13	26.90	24.04
S4	64	30	6	167.94	144.04	243.60	226.95	24.51	21.55
S5	52	40	8	152.01	147.76	218.08	214.60	22.92	21.29

Impact test specimens that meet the required dimensions are manufactured and tests are conducted utilizing an impact-testing machine manufactured by Charpy (Model: KI-300, Serial Number. 2013/1006). In the testing procedure, the sample is positioned in the testing apparatus and the pendulum is activated to deliver a substantial impact load to the samples. It is possible to quantify the energy required to fracture the material.

3. RESULTS AND DISCUSSION

This study employed ARF and ABF as reinforcing materials with nano-SiO_2 as fillers. Various percentages of fiber weight were employed to examine their effect on mechanical qualities. The experimental data for tensile strength, flexural strength and impact strength loading for the ARF, ABF and nano-SiO_2 reinforced hybrid composite in both the transverse and longitudinal directions are shown in Table 2.

3.1 Flexural Strength Analysis

Fig. 3 illustrates the comparison of FS across various composites based on their directional orientations. The results specified that ARF reinforced ABF hybrid composites display enhanced performance in the longitudinal orientation relative to the transverse orientation. The graph clearly indicates a progressive drop in strength with a rise in the amount of ARF. The previously reported FS is superior at 0% ARF and 0% nano-SiO_2 filler incorporation with ABFs, indicating that ABFs outperform ARFs. Natural ARF could be utilized as reinforcing fibers if the FS is insufficient. The hybridization of these fibers leverages their complementary properties. The ABFs provide high TS and stiffness, while ARFs contribute impact resistance and toughness. This synergy enhances mechanical performance compared to single-fiber composites. However, the composite's performance is influenced by the proportions of the fibers, excessive ARF content

reduces TS, while optimal combinations (e.g., 76% abaca, 20% areca and 4% nano-SiO_2) maximize FS and IS. This indicates that fiber interactions, influenced by their distribution and bonding with the matrix, are critical to achieve balanced and enhanced composite properties. Fig. 4 illustrates the strain-stress curve produced by the apparatus during the flexural loading of the specimen composed of 4% nano-SiO_2, 20% areca fiber and 76% ABF. It is noticed that the stress rises to 4.0 N/mm² at a strain of 0.165, after which it begins to decline due to the failure of specimen. Nano-SiO_2 filler in hybrid fiber mat composites significantly improves TS, FS and impact resistance by enhancing fiber-matrix bonding and stress distribution.

3.2 Tensile Strength Analysis

The analysis of the experimental results reveals that the TS in the fiber direction surpasses that recorded in the transverse direction. The strength of fiber-matrix adhesion is superior in the transverse direction relative to the fiber direction. Fig. 5 illustrates the TS comparison of the specimens tested with two distinct fiber orientations. The data demonstrates that the TS in the direction of longitudinal fiber is superior to that of the composite specimens made of transverse fibers due to the fiber mats not being entirely unidirectional, leading to minimal variations in properties assessed in both orientations. This may be attributed to the variations in manufacturing technique, compatibility with synthetic polymers, insufficient dimensional stability, or issues with processability. The findings also reduced that the augmentation of ARF in hybrid composite diminished the TS. Significant TS is noted for the composite of 76% ABF, 20% ARF and 4% nano-SiO_2. The ABFs support more loads than ARFs. Although ABFs exhibit superior performance, ARFs may serve as a reinforcing material owing to their ecological benefits. Poornima *et al.* (2022) fabricated composite panels with areca nut fine fiber fabric show good mechanical properties with tensile and compression strengths of 10.8 MPa and 55.6 MPa, respectively.

3.3 Impact Strength Analysis

Charpy impact test is utilized to ascertain the impact energy absorbed by composite specimens. Fig. 6 depicts the comparative IS of the various composite specimens. The data demonstrates that the amalgamation of ARF with ABF effectively absorbs substantial impact energy. Longitudinally fiber-oriented samples have a higher energy absorption capacity than transversely fiber-oriented composite specimens. The findings specified that a higher percentage of ARF diminish the impact energy for transverse specimens, while a contrasting pattern is noted for fibers that are longitudinal. Dong *et al.* (2023) observed the transverse hybrid showing the highest mechanical enhancements, demonstrating the positive hybrid effects in non-laminated composites

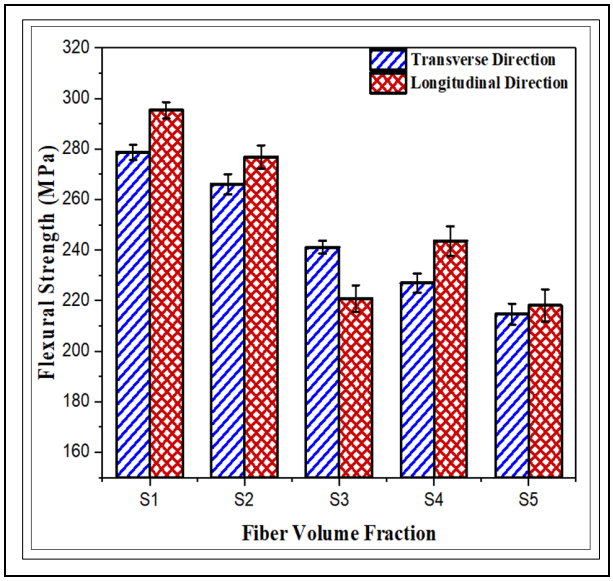


Fig. 3: FS comparisons of various composite specimens

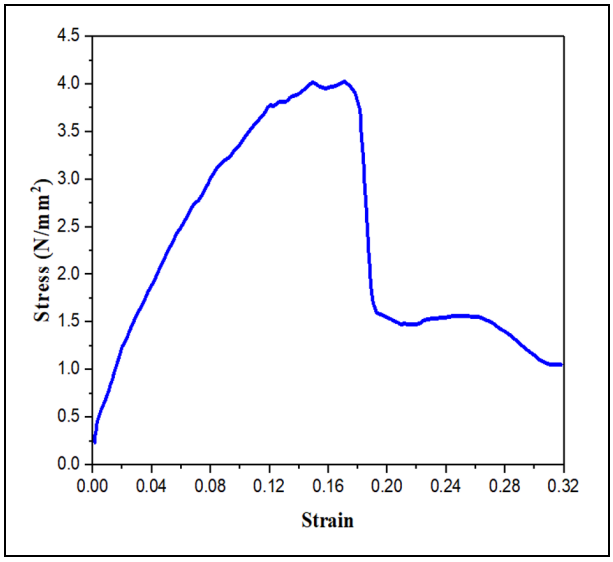


Fig. 4: An example of a stress-strain curve from flexural loading that is produced straight from the machine

3.4 SEM Analysis

The specimen undergoing the mechanical test is studied utilizing a SEM (model ZEISS). Fig. 7 shows the SEM of images nano silica powder that utilized in this study.

Fig. 8(a) and (b) presents specimens comprising 76% ABF, 20% ARF and 4% nano-SiO_2 that underwent TS along the specimen's transverse and longitudinal axis, as analyzed by the SEM. Fiber breakage transpires in the longitudinal direction. The data reveal projecting fibers and cavities inside the matrix components. The samples

are produced using the hand lay-up method. The dispersion of the fiber and matrix materials is still insufficient even when pressure is applied through rollers to achieve uniform delivery of matrix materials. Fig. 8 (b) illustrates the fibers in longitudinal direction, wherein the matrix layer and fibers are disrupted, resulting in an uneven fiber structure. The data unequivocally demonstrates the distorted fibers and their configuration. Valášek *et al.* (2021) evaluated the fiber surface microstructures before and after the alkali treatment using SEM. They noticed significant surface changes in fibers after NaOH treatment, with the alkali treatment improving tensile properties by removing connective materials from the fiber surface.

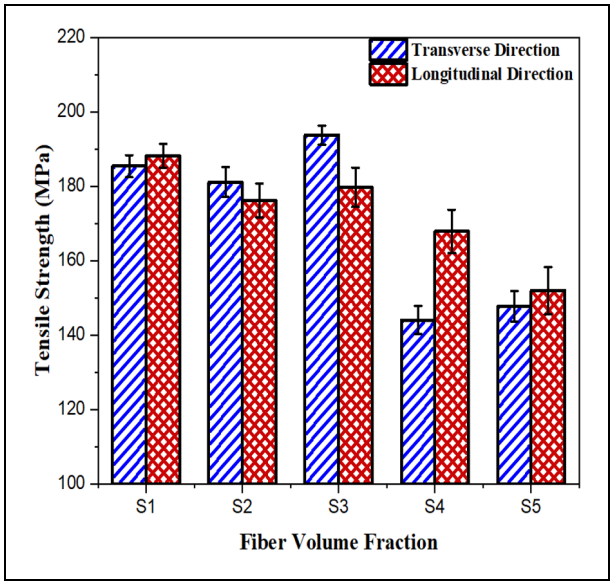


Fig. 5: TS comparisons of various composite specimens

Fig. 9 (a) & (b) presents the SEM images of composites comprising 64% ABF, 30% ARF and 6% nano-SiO_2 subjected to flexural loading in both transverse and longitudinal direction of fibers. Fiber extraction as a result of flexural pressure and its directional alignment are depicted in Fig. 9(a). As the sample is squeezed, a crack occurs after it attains the yield point; the breaking differs from that of a tensile sample. Fig. 9(b) shows the layer organization, the cracked fiber surfaces and fiber's dispersion inside the matrix.

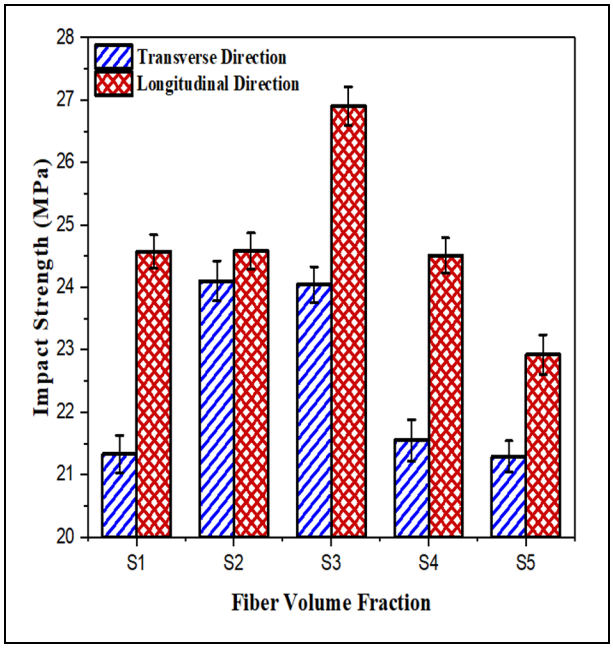


Fig. 6: IS comparisons of various composite specimens

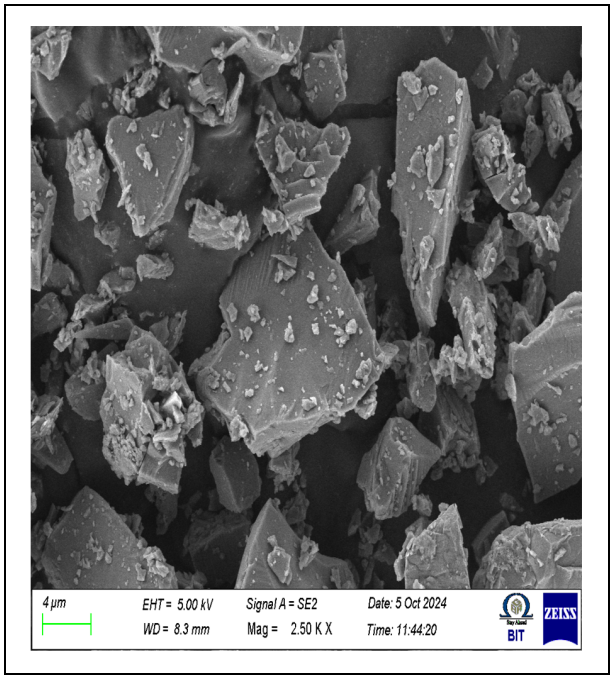


Fig. 7: SEM images of nano-SiO_2 particles

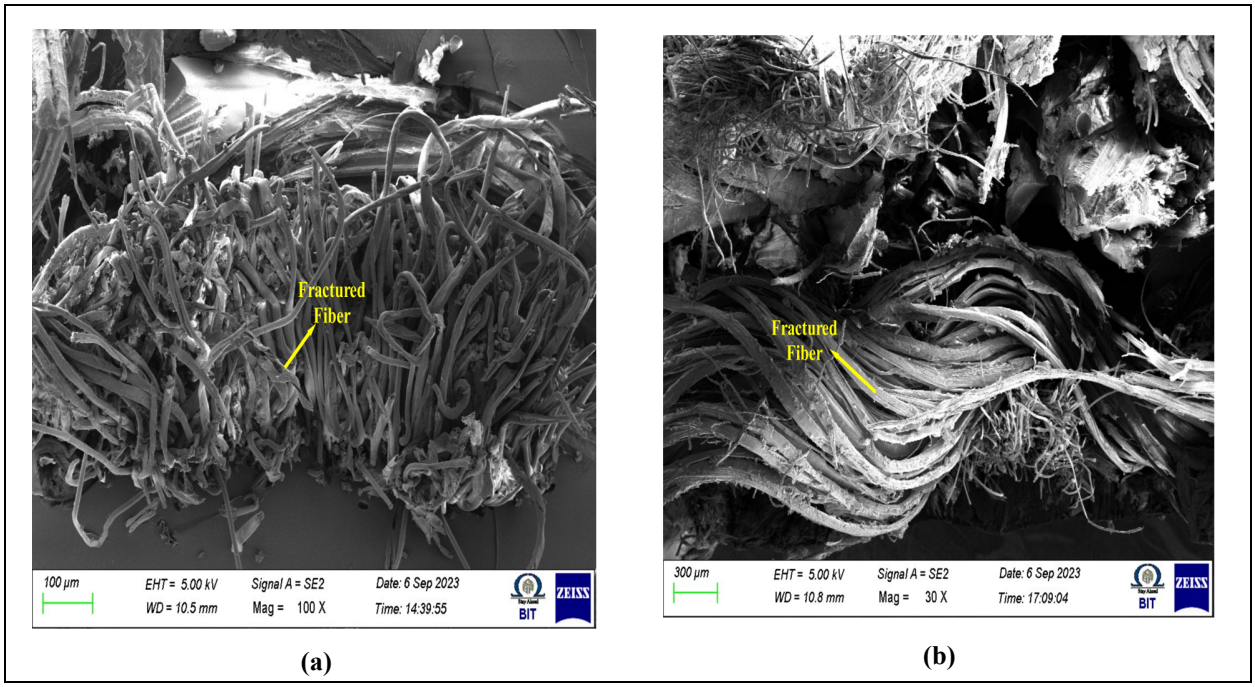


Fig. 8: SEM images of the composite specimens exposed to tensile loading (a) Transverse and (b) Longitudinal directions

It is clear from comparing Fig. 8(a) and Fig. 8(b) that damage is more severe when fibers are oriented transversely. The findings also show that the material's compressive pressure caused matrix failure and fiber debonding. The areca fiber-reinforced concrete showed that 2% ARF improved compressive strength by 2.89% and TS by 18.16%. The SEM and EDX analyses confirmed strong fiber-matrix interaction and cost savings.

Fig. 10(a) and (b) present the SEM images of the sample comprising 76% ABF, 20% ARF and 4% nano-SiO_2 under impact loading conditions. The images indicate fiber breakage, matrix debonding and the formation of voids within the specimen's surface. Examining the SEM images clearly shows fiber dislocation, longitudinal fiber pullout and transverse fiber breakage.

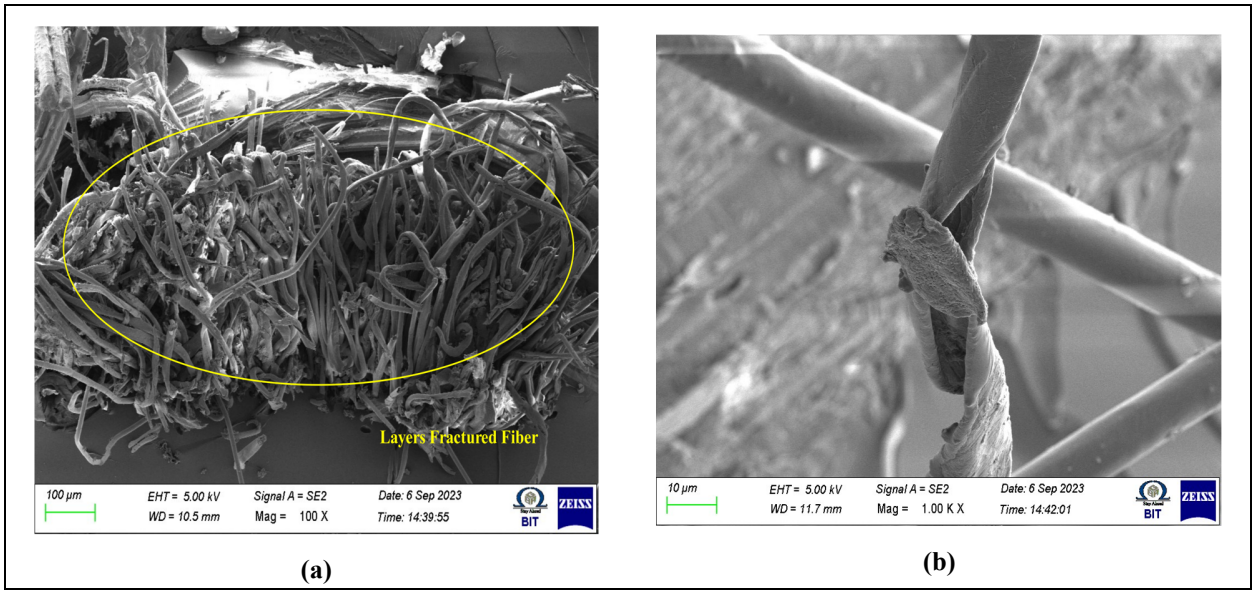


Fig. 9: SEM pictures of flexural-loaded composite specimens (a) transverse direction and (b) longitudinal direction

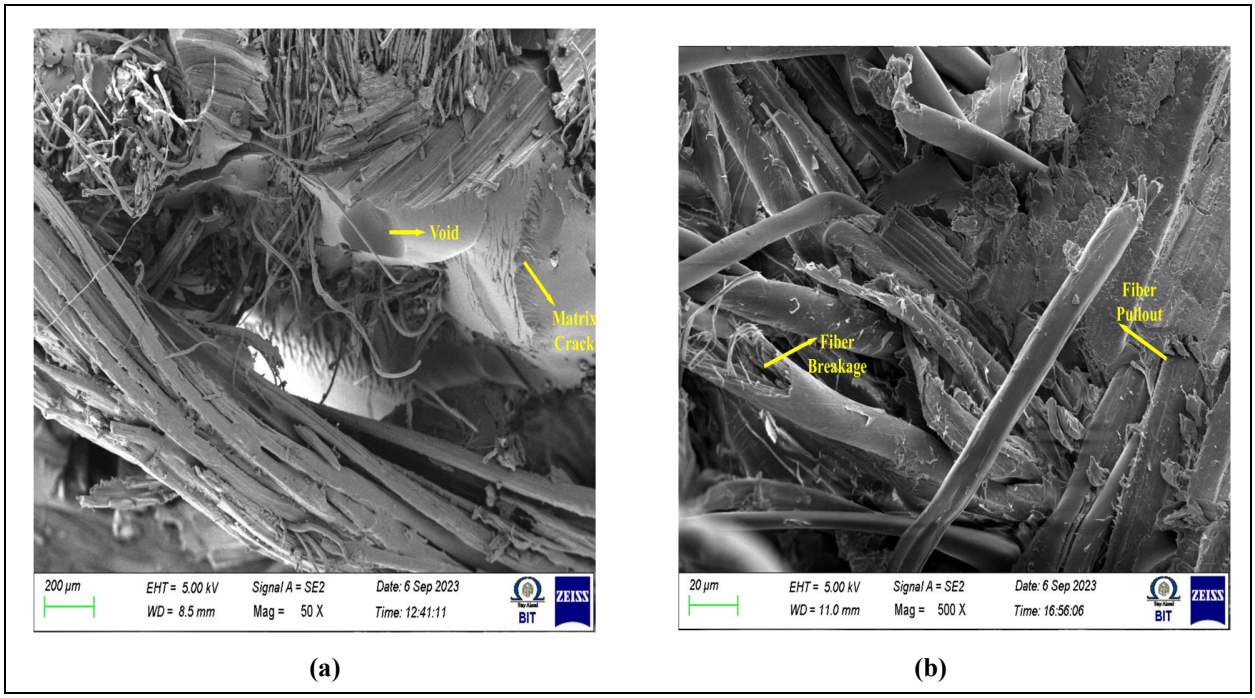


Fig. 10: SEM images of impact-loaded composite samples (a) Transverse direction and (b) Longitudinal direction

4. CONCLUSION

This study involves the fabrication of ARF and ABF mat reinforced with nano-SiO_2 hybrid composite specimens utilizing the hand lay-up technique, with samples ready in both transverse and longitudinal fiber orientations. Specimens are subjected to TS, FS and IS loading tests. The findings that follow are drawn from the analysis of the data. The composite specimens perform more effectively in the longitudinal direction compared to the transverse direction. Furthermore, composites comprising 76% ABF, 20% ARF and 4% nano-SiO_2 demonstrate enhanced tensile loading capabilities, while pure ABF composites excel in flexural loading performance. The maximum TS of the pure ABF-reinforced specimen is 188.21 MPa, while maximum FS is 295.35 MPa. The hybrid composite sample with 76% ABF, 20% ARF and 4% nano-SiO_2 had the highest recorded IS, measuring 24.57 J. The SEM pictures distinctly reveal fiber dispersion inside the resin, fiber pullout, loading-induced fibre dislocation, fiber orientation, interfacial adhesion between the matrix and fibres and fibre fracture. The results demonstrate that

eco-friendly hybrid composites reinforced with ABF and ARF are feasible substitute for synthetic fibre composites.

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CONFLICTS OF INTEREST

The authors declare that there is no conflict of interest.

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